

# Me & My Family

## Lesson 1 - 120 minutes

1. Name Game  
15 min - Storytelling
2. Collective portrait  
45 min - Art & Culture
3. Clip Talk  
15 min – Media  
*Tip: [https://youtu.be/NRhoHN8x\\_00](https://youtu.be/NRhoHN8x_00)  
Talk about your grandmother, what do you remember about her?  
Who in your family makes music? Etc.*
4. Fast Mail  
15 min - Body, Movement & Senses

## Lesson 2 - 120 minutes

1. Water, fire, flash  
15 min - Body, Movement & Senses  
*Tip: Replace the words for 'family words', like grandma, uncle, nephew.*
2. My keychain  
15 min - Teambuilding & Empowerment
3. Speed date  
15 min – Storytelling
4. Give me time to rhyme  
30 min – Media
5. Sing a song!  
30 min - Art & Culture  
*Tip: Use the last 15 minutes to reflect: What did the learners learn and like? Strike a match for each person, so that they can evaluate as long as the match is lit.*

## Lesson 3 - 120 minutes

1. Sculpting words  
20 min - Teambuilding & Empowerment
2. Get to know me  
40 min – Storytelling
3. Cook in the classroom  
60 min - Expert & On the go  
*Tip: instead of a cook, you can invite one or two 'family-experts' that like to tell about their family and possible family structures. Make the learners feel comfortable to talk about their family.*