

# Line hopping

Stepping Stones : Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 15 min.

## Objectives

- The learner can memorize numbers and colors.
- The learner can understand simple instructions.

## Materials

Cards with images of the vocabulary related to the treated topic.

## Preparation

Mark a line of at least four meters on the floor.

## Instructions

- Divide the group into teams of two or three people.
- One learner stands at the end of the line. S/he shows the cards one by one.
- The other learner stands at the beginning of the line and follows your instructions:
  - Jump and land on your left leg on the left side of the line.
  - Jump and land with both legs on the right side of the line.
  - Repeat the pattern.
- While jumping the line, the learner names what is shown on the cards.
- When the learner reaches the end of the line, s/he starts from the beginning, with a more complex pattern.
- Switch roles.

## Tips for the instructor

- Once the learner is comfortable doing the pattern, increase the level of difficulty by adding clapping the hands or touching the shoulder. This keeps the brain active.
- Combine this exercise with exercises 36 and 37 to make a trail.

**Read more in our manual at [www.alternativeways.eu](http://www.alternativeways.eu)**

*Language skills / Linguistic performance*

- Listening
- Speaking

*Linguistic competence/knowledge*

- Vocabulary
- Memory

*Social-emotional skills and competences*

- Fun