

Back support

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : incl. materials

Type of exercise : written

Duration exercise : 30 min.

Objectives

The learner can give and receive compliments.

Materials

- Paper and pens
- Cardboard plates
- Glue and strong tape

Preparation

Glue a sheet of paper on every plate.

Instructions

- Sit in a circle.
- Start giving compliments to each learner.
- Explain and discuss what a compliment is.
How does it make you feel?
Do you like receiving a compliment?
Do you compliment easily?
On what do you compliment?
- Ask for and teach words and ways to formulate a compliment.

- Ask the learners to tape the plates to each other's back.
- Let them walk around in the classroom.
- On a sign of you, the learners form pairs and write a compliment on each other's plate.
- Each learner should receive a compliment from all the others.
- Let each learner read the compliments they have received, aloud.
- Write well written compliments on the board.

Variant

- You can have the group discussion on compliments after the exercise.

Tips for the instructor

- In case of an odd number of participants, you can join in or have one trio.
- Take pictures of each plates and send them to the learners via WhatsApp.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Reading
- Writing

Linguistic competence/knowledge

- Vocabulary
- Spelling
- Sentence construction
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment
- Fun