

## On the bike together

Stepping Stones : Teambuilding & Empowerment; Art & Culture; Expert & On The Go; Storytelling

Materials : incl. materials

Type of exercise : oral

Duration exercise : >60 min.

### Objectives

- The learner can understand instructions indicating directions.
- The learner can ask and give information about places.

### Materials

- Bicycles. Maybe the local bike shop is willing to lend some?
- Material to fix a flat tire.
- Food, drinks, blankets... for a picnic, if planning one.

### Preparation

Draw up a route, including interesting and nice places, e.g. a park, a petting zoo, a factory, a special bakery, a local beekeeper...

### Instructions

#### Before the cycling tour

- Discuss the route.
- Give safety instructions, especially with bigger groups, e.g.:
- Follow the instructor.
- Cycle one after the other.
- Stay with the group.
- When I raise my arm, we all stop.
- When I extend my arm to the left, turn left; to the right, turn right.
- Decide on the date, the starting point and time.
- Discuss who brings what for the picnic.

### **On the day of the cycling tour**

- Repeat the safety instructions.
- On the tour, stop once in a while to take pictures.

### **Tips for the instructor**

Together, look at the pictures taken on the tour. Use them to consolidate new words and to share memories.

### **Read more in our manual at [www.alternativeways.eu](http://www.alternativeways.eu)**

#### *Language skills / Linguistic performance*

- Listening
- Reading
- Speaking

#### *Linguistic competence/knowledge*

- Grammar
- Sentence construction
- Oral language skills

#### *Social-emotional skills and competences*

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment
- Fun