

# Home, Family and Friends



1

# Home, Family and Friends



2a

You have a leakage at your house.  
What do you do to solve it?

**1** | I contact my landlord.

**2** | I call the police.

**3** | I fix it myself.

**4** | I ask a neighbour for help.

You have heard about a new park you want to  
go to. You want to ask someone to join you.  
How do you do this?

**1** | I call a friend and ask.

**2** | I ask a family member.

**3** | I ask someone in my lesson group at school.

**4** | I ask a neighbour

**5** | I ask someone in the streets.

# Home, Family and Friends



2b

# Home, Family and Friends



3

Describe / Talk to someone about  
one of your regular days in the  
week.

You want to visit a new park you have  
heard about. How do you find your way  
to the park?

1 | use google maps.

2 | ask a neighbour.

3 | ask my teacher.

4 | go and see where I end.



# Home, Family and Friends



4

# Home, Family and Friends



5

 Alternative  
Ways

- How do you make friends in your new country?
- 1 I try but I don't know how to make friends.
  - 2 I invite my neighbours for coffee.
  - 3 I talk to people on the street.
  - 4 I talk in my language with classmates.



 Alternative  
Ways

Imagine preparing a meal for guests.  
Make the right order of the following  
steps. Use the cards with images.

Serving Ingredients Measurements  
Planning Shopping Dealing with money  
Preparing Inviting people



# Home, Family and Friends



6

# Home, Family and Friends



7



In which situation can you call the houselord /  
landlord?

- 1 When you have difficulties paying rent.
- 2 When there's mold in the apartment.
- 3 When you don't like your curtains.
- 4 When there's a leakage.
- 5 When there are problems with your  
neighbours.

Which meal from the new culture /  
country have you prepared or  
tasted.



# Home, Family and Friends



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# Home, Family and Friends



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Imagine you have to go to a hospital you have never been to before. How do you find out how to get there?

**1** I ask for help to find out the address.

**2** I use Google to find out the address.

**3** I go to all hospitals in my city and ask if it's the right one.

**4** I ask for help without knowing the hospital's name.

**5** I ask the person for help who referred it to me.



What are the benefits of friendship?

**1** Friendship is good for your health.

**2** You have someone to talk to.

**3** You have someone to do something with.

**4** You have someone to rely on.

**5** You have someone to take advantage of.



# Home, Family and Friends



10



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What are the benefits of childcare?

**1** You can go to work or school.

**2** Your children can make friends.

**3** Your children learn the new language.

**4** You get new contact with other parents.

**5** It's for free.



# Hobbies and Interests



1



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# Hobbies and Interests



2



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What did you learn from your  
hobbies and interests?  
Take a look at the cards visualising  
different skills and choose the  
ones corresponding with your  
hobbies.



Have a look at the cards with  
symbols of different hobbies and  
interests.  
Choose a top 3 of your favorite  
activities.



# Hobbies and Interests



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# Hobbies and Interests



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How do you find time for your hobbies and interests in your daily life?

1. I join a club.

2. I am doing it with a friend/family member.

3. I do it after work/school.

4. I choose one day a week for it.



Use 3 words to describe your interests. Interests like: art, architecture, food, politics, movies, tv series, books, learning a language, religion, music...





# Hobbies and Interests



5



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# Hobbies and Interests



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What is the most popular sport or  
hobby in your country of origin?



Think of something new to try.  
Examples: a new sport, drawing,  
painting, knitting, hiking, swimming,  
cycling, learning a new language...



# Hobbies and Interests



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# Hobbies and Interests



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What is the most popular sport or  
hobby in your new country?



1. ...tidy
- 2 ...good at finding time to clean.
- 3 ...organising your house.
- 4 ...messy.

When you are a good cleaner, you are...?



# Hobbies and Interests



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# Hobbies and Interests



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5 I can do something I like / I am interested in.

4 I don't think about my problems while doing it.

3 It is good for my health.

2 I get to know new people.

1 I can learn new things.

What are the benefits of hobbies?



- 1 I check the community centre for a group or course.
- 2 I ask my teacher.
- 3 I get tips from other students.
- 4 I join someone who is already part of a group.

How do you find out where you can do a new activity?



## Hobbies and Interests



11



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## Hobbies and Interests



12



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When you are a good cook, you are...

- 1 ..good in tasting food!
- 2 ..good in making people happy!
- 3 ..good in doing groceries!
- 4 ..good in painting!

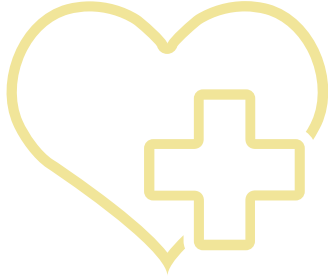


When you do sport, you are...?

- 1 ...fit.
- 2 ...relaxed.
- 3 ...healthy.
- 4 ...lazy.
- 5 ...disciplined.



# Body and Health

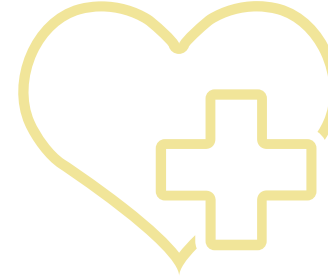


1

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# Body and Health



2

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What do you do when you are stressed...?

1 I go to bed.

2 I talk to someone.

3 I don't know how to deal with it.

4 I cry and scream.

5 I try to distract myself.



You are ill, you can't go to school or work.  
What do you do?

1 I just go to bed and do nothing.

2 I send a message or call. I say...

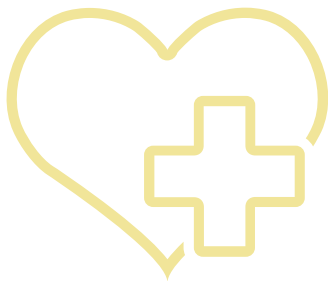
3 I take a paracetamol and go to school /

work.

4 I go to a doctor.



# Body and Health

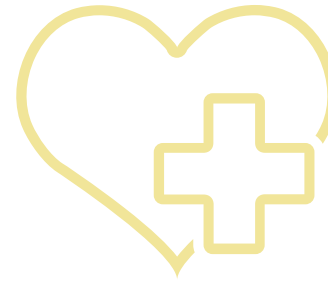


3

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# Body and Health



4a

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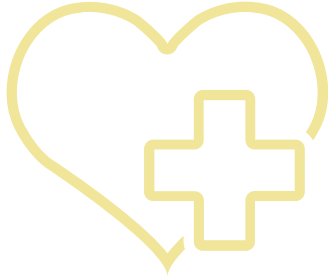
How do you make a doctor's  
appointment?



Show your health insurance card.



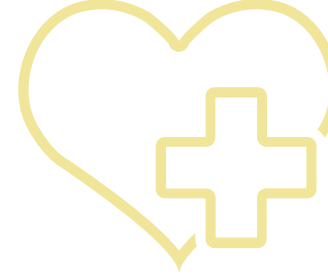
# Body and Health



4b



# Body and Health



4c



What does the insurance cover?

- 1 Medicine
- 2 The general practitioner
- 3 Operations
- 4 The dentist
- 5 Psychologists
- 6 New glasses
- 7 Manicure/Pedicure



How much do you pay for your  
health insurance?



# Body and Health



5a



# Body and Health



5b



Show a picture on your phone of something healthy to drink/eat.

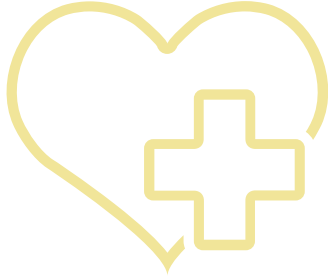


Show an exercise that helps staying fit.

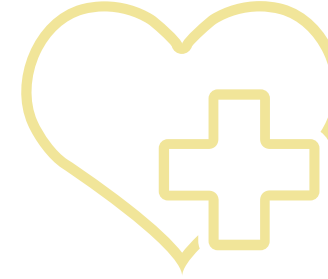




# Body and Health



# Body and Health



What do you do to stay healthy?



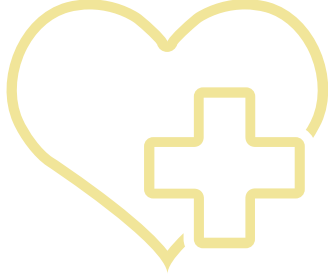
- 1 | I go for a walk.
- 2 | I ride a bike.
- 3 | I'm doing sports.
- 4 | I eat fruit and vegetables.
- 5 | I drink water.
- 6 | I smoke.
- 7 | I talk about my problems.

If you are ill and you have questions, what do you do?

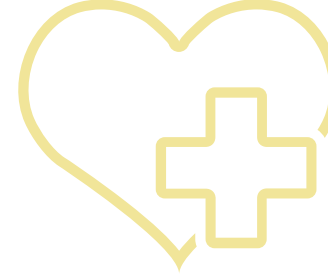


- 1 | I go to my general practitioner.
- 2 | I go to tiktok or instagram.
- 3 | I go to the pharmacy.
- 4 | I ask a neighbour.
- 5 | I google my symptoms.
- 6 | I ask someone in church/mosque.

# Body and Health



# Body and Health



What happens when you are stressed a lot?

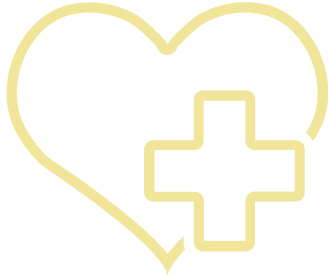


- 1 It effects your immune system.
- 2 It effects your sleeping pattern.
- 3 It effects your concentration.
- 4 Nothing happens.

Do you have to inform your  
employer and / or teacher if you  
are ill or is it optional?



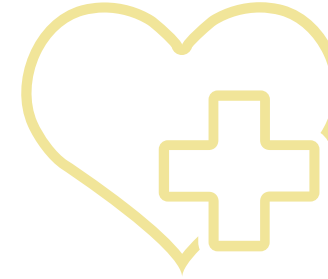
# Body and Health



9a



# Body and Health



9b



What is the alarm number?  
When do you call it?



When do you call the alarm number?

**1** When you have an headache.

**2** When someone you see is very ill.

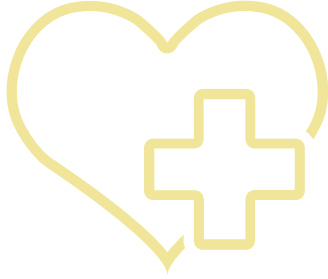
**3** When you see a fire.

**4** When you have a broken leg.

**5** When someone stole your wallet.



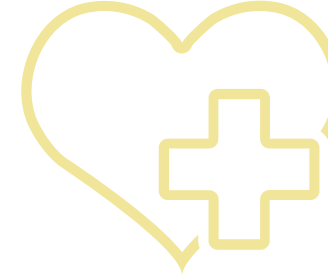
# Body and Health



10a



# Body and Health



10b



What do you feel when you are depressed?



- 1 I want to stay in bed.
- 2 I am sad.
- 3 I don't want to go to school or work.
- 4 I laugh a lot.
- 5 I have a lot of energy.



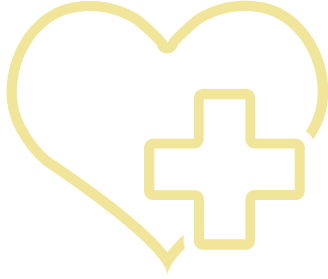
What do you do when you feel depressed?



- 1 I go see a doctor.
- 2 I talk about it with my friends and family.
- 3 I ignore it.
- 4 I go for a walk.
- 5 I eat a lot of chocolate.
- 6 I do something I like.



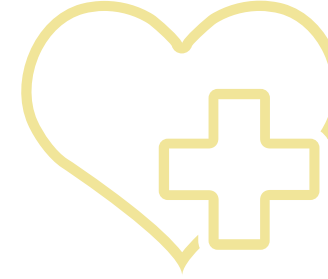
# Body and Health



11a



# Body and Health



11b



What do you feel when you have anxiety?



**1** My heart is beating fast.

**2** I have sweaty hands.

**3** I have shaking hands.

**4** I am calm.

**5** I want to dance.



What do you do when you have anxiety?



**1** I go see a doctor.

**2** I talk about it with my friends and family.

**3** I ignore it.

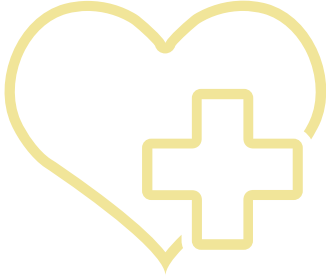
**4** I take deep breaths.

**5** I read something

**6** I cry.



# Body and Health



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12



**5** If I am very worried about my health.

**4** If I get worse not better.

**3** On weekends when the general practitioner is closed.

**2** When I have a broken leg.

**1** When I have a headache.

When do you go to the emergency room?



# (Volunteer) Work



1



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# (Volunteer) Work



2



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What do you do when you meet  
people for the first time?

Take a look at the photos and  
choose those that fit.



What do you do when you look for  
volunteering?

1 I go somewhere and ask.

2 I ask my supervisor or teacher for advice.

3 I pick an organisation I like and then see what I

should  
do.

4 I am not interested in volunteering.



# (Volunteer) Work



3

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# (Volunteer) Work



4

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You want to apply for a job and you have  
to provide a CV. What do you do?

**1** I look for help.

**2** I don't apply for the job.

**3** I know how to write a CV.



What is a CV?

**1** A document containing my education and  
work experience.

**2** A document containing my medical history.

**3** A document containing my hobbies.

**4** A document with names of my family  
members.

**5** A description of my life so far.





# (Volunteer) Work



5

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# (Volunteer) Work



6a

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You want to find a job or to change jobs.  
How do you do this?



- 1 I seek help.
- 2 I know where to look for help online.
- 3 I use my network.
- 4 I wait for someone to offer me a job.



Where would you like to do voluntary work?



- 1 In a church or mosque.
- 2 In a home for elderly people.
- 3 In a garden.
- 4 At my school / my children's school.
- 5 At a community centre.
- 6 At a supermarket.



# (Volunteer) Work



6b

# (Volunteer) Work



6c

Add three activities you can do as  
a volunteer.

What first step do you want to take?



- 1 I ask at my church or mosque.
- 2 I ask at my school / my children's school.
- 3 I ask my teacher for help.
- 4 I look for an organisation to help me.

# (Volunteer) Work



7

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# (Volunteer) Work



8

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You work long hours, but still didn't get your contract. What can you do?

1 I speak with the person who hired me.

2 I speak with the boss.

3 I continue working and hope the contract will come soon.

4 I am not going to work anymore.



You have a contract, but you don't understand what is written in it?  
What do you do?

1 I hope the content is alright and sign.

2 I will take it home to translate it digitally or by someone and will return it the next day.

3 I ask my employer to briefly explain the contract's content to me.

4 I search for an organization that can tell me if the contract is legally okay.



# (Volunteer) Work



9



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# (Volunteer) Work



10



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Which places are there where volunteers  
are working in your country of origin?

- 1 Churches / Mosques
- 2 Schools
- 3 Hospitals
- 4 Places for homeless / poor people



Which skills can you use for voluntary work?



1 Cooking

2 Cleaning

3 Helping people

4 Teaching my mother tongue

5 Using my do-it-yourself skills / constructing skills

6 Talking with people

7 Gardening

8 Driving



# (Volunteer) Work



11

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# (Volunteer) Work



12

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What is a contract?



- 1 An arrangement I have with my employer.
- 2 A document that contains my working hours.
- 3 A document that contains my salary.
- 4 A document that contains rules about leave and vacation.
- 5 A document that says what I have to eat during lunch.



What is a trade union?



- 1 A representative of employees.
- 2 A representative of employers.
- 3 An organization that negotiates about employees' work conditions.
- 4 An organization that helps me when I have problems at work.
- 5 An organization that pays my salary.



# (Volunteer) Work



13

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# (Volunteer) Work



14

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What are three rules mentioned in  
your contract? Think of when you  
are sick, you want to go on  
holiday...



Who can you ask for help if you have a  
job related problem?

**1** I don't ask for help, I just quit my job.

**2** I talk to my manager.

**3** I talk to my colleagues.

**4** I go to the trade union.



# (Volunteer) Work



15

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# (Volunteer) Work



16

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What is volunteering?

**1** You have a lot of free time.

**2** It's a hobby.

**3** You don't have to attend.

**4** You help others.

**5** You don't get paid.



If you have a question about your rights as  
a volunteer, where do you find information?

**1** I ask my teacher at school.

**2** I ask the contact person of the organization.



# (Volunteer) Work



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17



What are the benefits of volunteering?



**5** I do something useful.

**4** I can learn the language better.

**3** I can get paid work more easily.

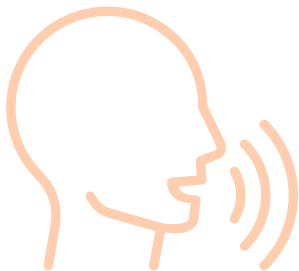
**2** I meet new people.

**1** I learn new skills.





# Language Skills



1

# Language Skills



2



Someone asks you for directions.  
Your reaction is:



**1** Sorry, I don't speak the language.

**2** I understand the question, but I find it difficult to  
give directions.

**3** I understand the question and can give directions.

How do you practice the language outside the  
classroom?



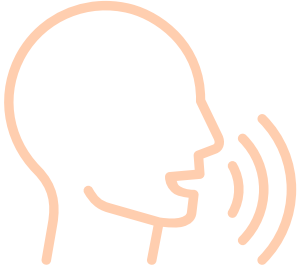
**1** I don't.

**2** I watch tv or listen to the radio in the new language.

**3** I study at home.

**4** I talk with people as much as possible.

# Language Skills



3

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# Language Skills



4

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How do you interact in a meeting, for instance a  
parents meeting at the school of your children?



- 1 I don't go.
- 2 I use a (digital) translation tool or bring a translator.
- 3 I go although I don't understand much.
- 4 I go and do the best I can to communicate.



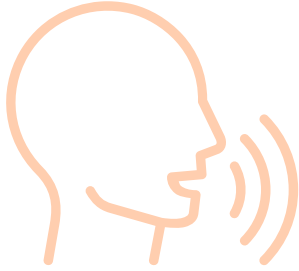
What language level do you need to be allowed to  
work?



- 1 It depends on the type of work.
- 2 I don't need any language skills.
- 3 I have to speak fluently.
- 4 I have to read and write fluently.



# Language Skills



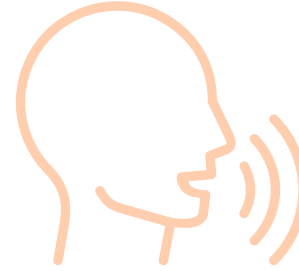
5



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# Language Skills



6



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- 1 Certificates
- 2 I just show them by doing.
- 3 Official exams
- 4 A letter from my teacher



What proof of your language skills is accepted?



- 1 I go to language lessons.
- 2 I speak at home.
- 3 I watch local tv.
- 4 I talk to locals.
- 5 I use Apps.
- 6 I watch YouTube videos.



What can you do to better your language skills?



# Digital Skills and Media



1



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# Digital Skills and Media



2



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You need to make an appointment online  
(for instance with the doctor, dentist, public  
service...).

**1** I know how to do this online.

**2** I need help to make the appointment.

**3** I don't reply.



How do you stay up to date with the news?

**1** I don't. It is not important to me.

**2** I follow the news in my own language or another  
language I master.

**3** I find news on social media.

**4** I try to follow the news in my new language.



# Digital Skills and Media



3

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# Digital Skills and Media



4

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How do you find a library?

- 1** | I google the address.
- 2** | I ask my teacher.
- 3** | I ask other students.



Where can I read or listen to the  
national news? Give 2 examples.



# Digital Skills and Media



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# Digital Skills and Media



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What does a library offer you?



**1** | I can borrow books.

**2** | I can watch movies.

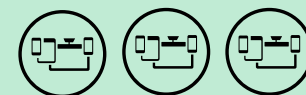
**3** | I can read magazines or paper.

**4** | I can buy books.

**5** | I can practice my digital and language skills.



How can I check if information is true or false?



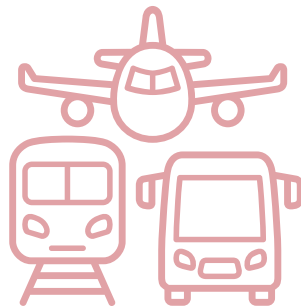
**1** | I can check with my teacher.

**2** | I can check different sources and compare.

**3** | I can ask people that I trust.

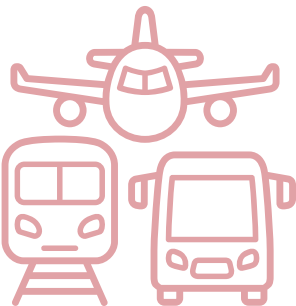


# Mobility



1

# Mobility



2

You want to go somewhere, but don't know  
how to get there. What will you do?

**1** I use a digital application that will show me the  
way.

**2** I ask for directions.

**3** I ask someone to take me there.

You need to go somewhere at the other end of  
town. How do you get there?

**1** I go by public transport.

**2** I ask a friend or relative to drive me there.

**3** I take a taxi.

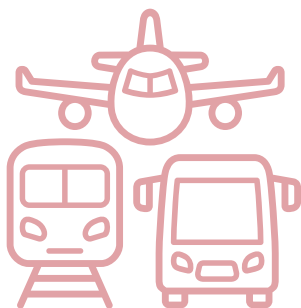
**4** I walk.

**5** I cycle there.

**6** I don't go.

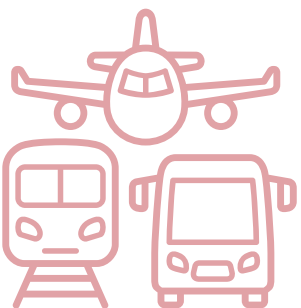


# Mobility



3

# Mobility



4

What are the public  
transportation options in your  
city? Name two different options.



How do you get to know your new  
neighbourhood?



1 I walk around.

2 I ask my neighbours where important places are.

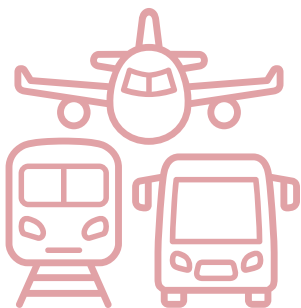
3 I try to remember addresses of important places.

4 I make pictures of interesting places.

5 I take new routes.



# Mobility

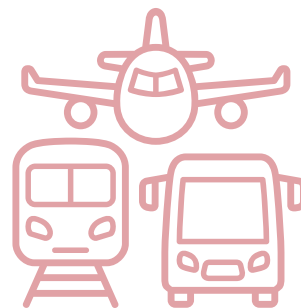


5a

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# Mobility



5b

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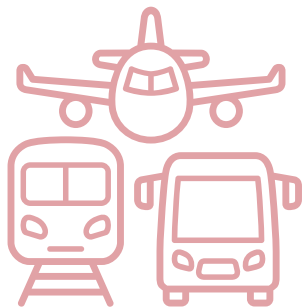
How do you get your public  
transport ticket?



Show your public transport card.



# Mobility



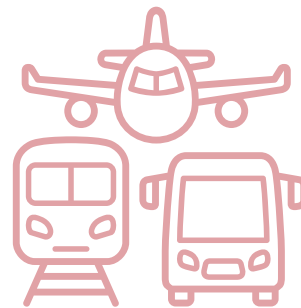
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# Mobility



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What are the rules for riding a bicycle?



- 1 I have to wear a helmet.
- 2 I have to ride on the motorway.
- 3 I have to ride on the right side of the street.
- 4 I have to pass an exam.



How do you get a drivers license?



- 1 I can use the one I have from my country of origin.
- 2 I don't need one.
- 3 I need to pass a theory exam.
- 4 I need to pass a practical exam.

