

# Food

## Lesson 1 - 120 minutes

1. I go on a holiday and I pack  
 10 min - Teambuilding & Empowerment  
*Variation adapted to the theme: 'I go to the supermarket and I buy'*  
*Tip: Write down the (new) words immediately twice: on two different cards. Within a few minutes you have created a memory game!*
2. The Ambassador  
 30 min - Storytelling  
*Variation: the instructor shows a picture about food to one of the learners. S-he tells the group what s-he sees: s-he describes the color, the material, the size, whether you can eat it or not, etc.*
3. Clip Talk  
 30 min - Media  
<https://youtu.be/c0En-BVbGc>  
*Variation adapted to the theme food: Ask the learners to make a list with all the fruit and vegetables they see, while watching the video. After watching they describe what they have seen.*
4. The world around you  
 30 min - Media  
*The students search the internet for images of special food in their country. Preferably food we are not familiar with here.*
5. American Hitchhiking  
 15 min - Body, Movements & Senses  
*Tip: Variation adapted to the theme Food: the learners make the same movements as described in this exercise. Instead of naming their own name and the name of another one in the group, they name words related to food and are going clockwise.*
  - Flap both thighs with your hands at the same time
  - Clap your hands
  - Raise right thumb and move along ear over shoulder ('carrot')
  - Raise left thumb and move along ear over shoulder ('apple')
  - Flap both thighs with your hands at the same time
  - Clap your hands
  - Raise right thumb and move along ear over shoulder ('apple')
  - Raise left thumb and move along ear over shoulder ('onion') etc

## Lesson 2 - 120 minutes

1. Touch and tell  
 15 min - Body, Movement & Senses  
*Tip: you can practice describing color, size, flavors (sweet, salty, sour, bitter) and materials. You also practice saying what an article can be used for.*
2. Bring a thing  
 30 min - Storytelling  
*Related to the theme Food, for example: a special herb, pepper, a vegetable or a sauce. Tell about it and let us smell and taste!*
3. Supermarket search  
 60 min - Expert & On the go

### **Lesson 3 - 120 minutes**

1. ABC  
15 min - Teambuilding & Empowerment
2. Smell & Tell  
45 min - Storytelling
3. A Cook in the classroom  
60 min - Expert & On the go