

Title of the activity	SHARE AND SOLVE
Description	<p>Form groups of three to four people. Now everyone writes down / thinks of one skill they have. Important: you have to enjoy it AND you should be good at it, there is no limit, no matter if it is a physical, cognitive and/or an emotional skill. Any skill, no matter how absurd, can be useful to society.</p> <p>Each group has five minutes to find a problem that can be solved with the combination of all skills, whether it's back pain or world peace is up to the group.</p>
Aims	<ul style="list-style-type: none"> • Teambuilding • Empowerment • Creativity
Main skills addressed	<ul style="list-style-type: none"> • Cooperation • Problem Solving • Self-Confidence • Self-Efficacy • Self-Knowledge
Why is this activity suitable for promoting civic participation and integration?	<p>The method focuses on the participant's skills and shows that everyone can contribute something to society. It also shows the potential of teamwork.</p>
Type of activity	<p>Teambuilding, Reflection</p>
Suitable for how many participants (min. / max.)	<p>Small groups</p> <p>Large groups (up to 30 participants)</p>
Indication of duration of the activity	<p>30 min</p>
Indication of preparation (time,	<p>The facilitator could prepare a list of skills or cards showing different skills to help participants with low language skills.</p>



which material are needed)	
Variations	The faciatiator comes up with the problems in advance, so the participants' main effort would be thinking of the skills.
TIPS / ADVICES	<p>Instead of asking the participants to formulate a problem, you could have a brainstorm with the whole group about possible problems and write them down on a white board or flip-over for everyone to see. They then can choose from the list that came out of the brainstorm.</p> <p>If it is not possible to combine all the skills present within the group , think about the best possible combination of skills to solve the problem.</p>

