

Title of the activity	PEELING YOUR PERSONALITY
Description	<p>This method focuses on the group's diversity and helps participants to get to know each other.</p> <p>Each participant gets 5 pieces of paper (DIN A5) in different colours. The facilitator asks a question and each participant writes down the answer on one of the papers (the colour is the same for all). After that they crumple up the piece of paper.</p> <p>Then the next question is asked, that paper will be crumpled around the first one. At the end each participant has a ball with 5 layers. All the balls are thrown into the center and shuffled. Each person takes one ball. One person starts and uncovers the ball layer by layer and tries to recognize or guess the person based on the answers. The other participants can also guess. If the right person is found, the next participant takes his/her turn.</p> <p>Possible questions:</p> <ul style="list-style-type: none"> ● an external characteristic of mine (e.g. I like to wear silver earrings, sneakers, etc.) ● an interest of mine (hobbies, sports, movies, music) ● something typical of me (gestures, speech, appearance) ● something I am very good at ● something that inspires me ● something that others like about me ● a characteristic that I like about myself ● something that is important to me in my life (e.g. family, friends, values, belief, ideals) ● The colour of the shirt I am wearing (could be the first question, makes it easier to guess the right person)
Aims	<ul style="list-style-type: none"> ● Get to know each other ● Create a familiar atmosphere ● Making visible: the diversity of the group, one's identity ● How do we see ourselves and are we recognizable and visible to others based on our own description?

Main skills addressed	<ul style="list-style-type: none"> • Listening • Self-Presentation • Self-Expression • Self-Knowledge • Empathy
Why is this activity suitable for promoting civic participation and integration?	The method makes diversity visible in the group, what is learned can be taken over into everyday life, because the whole society is diverse.
Which non-formal learning tool is (mainly) used	Teambuilding, Reflection
Suitable for how many participants (min. / max.)	Small groups
Indication of duration of the activity	30-60 Minutes
Indication of preparation (time, which material are needed)	<p>Material: Paper (DIN A5) in 6 different colours, pen</p> <p>A circle of chairs should be formed.</p>
Evaluation method (if applicable)	<p>Questions for an evaluation:</p> <ul style="list-style-type: none"> • Was it easy to guess the right person? • What was the clue that helped you? • Did anyone know who it might be beforehand? • Did you wonder about certain statements that the person you had to guess wrote down?



	<ul style="list-style-type: none">• Which statement stuck in your mind the most?• Which one surprised you?
Variations (if applicable)	If there are more than 15 participants, it makes sense to divide the group. If this is not possible, the participants can unfold the balls before it is their turn, except for the last sheet. However, when it is their turn, they should read out all the answers. This variation saves time, otherwise it could be too boring.

