

Title of the activity	ME AS AN OBJECT (Online activity)
Brief description	All the participants are on Zoom. ●Ask them to pick up an object around them that has significant importance to them. They can pick up any object around them. ●The participants will present their object as if they are this object. They must speak in the first person and tell about their life as this object. For example: Hello, I am a Japanese fan, I was bought by X a long time ago. I spend my time making air, it's exhausting but I'm beautiful and I accompany X in all his or her travels. ●Engage participants to talk for at least a minute and make up ideas to make the activity fun. You can start and thus give them an example.
Aims	<ul style="list-style-type: none"> <li>● increasing self confidence</li> <li>● increasing fluency in a new language</li> </ul>
Main skills addressed	<ul style="list-style-type: none"> <li>● adaptability</li> <li>● self-expression</li> <li>● self-presentation</li> <li>● courage</li> <li>● listening</li> </ul>
Why is this activity suitable for promoting civic participation and integration?	People learn in a playful way to make whole sentences, to present and express themselves. This activity can help them to overcome their shyness to speak in the language of their new country.
Link to website (if available)	
Which non-formal learning tool is (mainly) used	Storytelling (This activity works particularly well in the case of online language courses to work on sentence construction through storytelling.)
Suitable for how many participants (min. / max.)	around 15
Indication of duration of the activity	With 15 participants about 20 minutes
Indication of preparation (time, which material are needed)	None
Evaluation method (if applicable)	
Variations (if applicable)	