

| Title of the activity | MAKING A MIND MAP ABOUT YOUR DREAM JOB (to be followed by 'how to |
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| The of the delivity | present myself for that job') |
| | This activity challenges participants to think about what they would really like to do workwise in their new country and to share their dream with another participant. This activity requires a safe space for the participants. |
| | Steps: |
| | Some participants might not know what a mind map is, so make sure that all know what you expect them to do by giving an example on a flip chart, using keywords, colors and arrows (see example below). Ask the participants to write in the middle of their piece of paper what they like to do best (it should be an activity that can be work related, not something like sleeping or drinking) and to put a circle around it. This activity will be the start of their mind map. From there they can ask themselves questions like: What kind of jobs will allow me to do the activity What sort of skills do i need for each of those jobs ** Do I need to learn extra skills? If so, which skills (per job) How many hours per day or per week would i like to do this activity Will I need somebody to look after my children, pets, parents etc. when i am away |
| | 8. Would i mind to travel in order to do this job |
| Brief description | 9. What sort of transport will I need 10. Which of the jobs would i like to do best 11. Why? |
| | Questions like these might help them. In the ideal situation participants' associations radiate out from the central theme, but it is not likely that this will be the case for all. Walk around when the participants are working on their mind map and offer help when you think somebody got stuck. 12. Give them circa 50 minutes to make their mind map, after which you form pairs. 13. In pairs the participants explain to each other their mind maps, one after the other. The 'listener' can ask for clarification, if needed, and make remarks. (10 minutes) 14. Bring the group back together for evaluation (see below) 15. After the evaluation, ask them (homework) to think about how they would present themselves if they had to apply for their dream job. ad **: You might need to work in a separate lesson/activity on the concept of skills, it might be difficult to come up with skills or to relate them to themselves. |



| Aims | • to stimulate participants' (greative) thinking: |
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| Ams | to stimulate participants' (creative) thinking; to make them aware of what they would really like to do workwise; to stimulate their communication skills (talking and listening) to stimulate their empathy; |
| Main skills addressed | Self expression Self esteem Self presentation Self care Critical and creative thinking |
| Why is this activity suitable for promoting civic participation and integration? | Work being one way of participating in society, this activity focuses the attention from activities the participants like to possible jobs to what they think is needed for that job and whether or not they have to learn extra skills. |
| Link to website (if available) | For more information on mind mapping visit: <u>https://www.mindmapping.com/mind-map</u> |
| Which non-formal learning tool is (mainly) use <mark>d</mark> | Associative thinking Peer education/guidance |
| | |
| Suitable for how many participants (min. / max.) | 2 or more, preferably an even number; Minimum: 2 |
| Indication of duration of the activity | Circa 10 minutes for making participants familiar with the idea of a mind map; Circa 50 minutes for them to make their mind map Circa 10 minutes for discussion in pairs Circa 10 minutes for the evaluation of this activity in the group |
| Indication of preparation (time, which material are needed) | In case the facilitator is not too familiar with making mind maps s.he should have a look at, for instance, the above mentioned website. Needed: enough paper and pens or pencils in different colours for all participants. Tables and chairs. |
| Evaluation method (if applicable) | After the participants have discussed their mind maps in pairs, ask them to group together and evaluate with them the making of this mind map: what did they find difficult, did it open up their mind to associate freely, did it help them to get a better idea of the sort of job they would like to find? Listen carefully to whatever comes up and make (mental) notes. (about 10 min.) |
| Variations (if applicable) | If applicable and if it helps them to make their mind flow better, participants can make the mind map in their own language. They have to be able to talk about it in the language used in the workshop though. Not everyone has an overview of possible jobs. You could foresee inspiration-sessions (for example video's about jobs, HR from certain |



| | companies coming to talk about different jobs or going to visit a job- fair/company, etc.) |
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| | You can also use visuals/cards to make them familiar with possible jobs and activities, to get them to think about what they like to do. Making a heart map would be a nice, suitable activity to do prior to this activity. |





