Title of the activity	NETWORKING
Description	The teacher introduces the activity by explaining how we can define or understand the term 'network'; All of us have a network, it is constantly changing, and there can be a huge contrast between a person's former network and the network existing today in the new society. The network can be private, social or professional. It is all about relations and connections to other people, and it can have a deep impact on your chances of getting integrated in society.

Each student is given a blank paper and starts by writing their name in the middle of it. They then draw a circle around their name and adds names of the individuals he/she is closest related to in his life (ex wife, brother, mother, kids). He/she then draws another circle around the first circle and writes names of the different persons that he often is in contact with, meets, sees or talks to during a regular week that he has quite a close relationship with. Ex teacher, colleague, neighbour, friend.
He continues with making new circles – each showing other relations from close, to not too close, but still of importance to his life.
The last, outer circle could be «Wanted people in my network». In this circle it can be hard to write concrete names of people, so it can be more in general, ex «someone who has better language skills than I», «a person who has been living here for a long time», «someone that works with IT» etc.

The teacher will need to assist the students along the way by giving examples, explaining and asking questions to help them continue.

As a summarize, it can be useful to think together about the following questions;

- How has you network changed over the last years?
- Why do we need a network?
- What can we do to expand out network?

Please note:
Some students may have individuals in their network with whom they have a complicated or even traumatic relationship, and these individuals may have had or still have a negative impact on the student's life. Therefore, the teacher should be cautious about only discussing networks as something positive, but open up a dialogue about how individuals in our networks can both hinder and promote our quality of life, personal, and professional development. |
| Aims | This activity aims to create awareness of the importance of having a network of people in your life, and knowledgde about how you can expand you actual network. |
| Main skills addressed | Self-knowledge |

	Self-motivation
	Self-care
	Self-confidence
	Ownership
	Self-presentation
	Independency
	Planning
Why is this activity suitable for promoting civic participation and integration?	Knowledge and awareness of the importance of having a network of diverse people in your life can have a profound impact on your chances of becoming an active citizen in society.
Link to website (if available)	
Type of activity	Reflection Personal development Teambuilding
Suitable for how many participants (min. / max.)	4 / 20
Indication of duration of the activity	1 hour +
Indication of preparation (time, which material are needed	Upto 15 min Prepare the introduction according to the groups' language level. It would also be helpful if the teacher demonstrates the activity for the whole group first by drawing her/his own network. Print out the attached sheets if you find them useful, or prepare blank sheets and pencils
Evaluation method (if applicable)	Spread the entire group's different drawings of networks out on the floor. Find out what reflections that the students make if they get to study them all together. Do they see the opportunities that arise if they connect with each other? Can they give each other advice about how to make changes in their network? Ask those who have extensive networks if they will share with each other how they have developed their networks, and everyone can contribute ideas on how to expand their own networks.
Variations	Conversation circle:

	Every participant is asked to think of one specific person (from their network) that has contributed in some way to something positive and important in his/her life. Let everybody get the chance to tell the group about this person, how he/she came into their life and why he/she made a difference in their life.

Example of sketches to visualize your networks: