

### Get to know me

Stepping Stones : Teambuilding & Empowerment; Storytelling

Materials : incl. materials

Type of exercise : oral

Duration exercise: 45 min.

# **Objectives**

The learner can give information about himself/herself.

#### **Materials**

Dice

## **Preparation**

Think about inspiring statements, quotes and questions on the topic 'Character'.

#### **Instructions**

- Sit in a circle
- Have a group conversation on character and character traits, e.g. What character traits do you know? Is there something as a national character? Which of these traits characterize you? Can you give an example? Is there something as a national character?
- Introduce the second part of the exercise by throwing the dice and answering the six questions.
  - 1. What makes you happy?
  - 2. What makes you sad?
  - 3. What makes you angry?
  - 4. What makes you nervous?
  - 5. What makes you laugh?
  - 6. What makes you calm?
- Let each learner throw the dice once and answer the corresponding question.

The Alternative Ways toolkit has been developed by GO! onderwijs van de Vlaamse Gemeenschap (Belgium), Elan Interculturel (France), Arbeit und Leben NRW (Germany), De Talentenschool (The Netherlands) and Storytelling Centre (The Netherlands). The project is co-funded by the Erasmus+Programme of the European Union. Our website: <a href="https://www.alternativeways.eu">www.alternativeways.eu</a>.



#### Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Vocabulary
- Sentence construction
- Expressions / sayings
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment