

American hitchhiking

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 15 min.

Objectives

- The learner can appoint another learner by the name.
- The learner can name images of the treated topic.

Materials

Cards with images of the treated topic.

Preparation

- If the learners do not know each other's names yet, ask them to say their name.
- If it is a difficult name, ask how one can remember it easily.
- Let everyone repeat his/her name and the name of the person sitting next to him/her. Go clockwise.

Instructions

- Sit in a circle.
- Practice the four movements with the learners, at the same pace.
 1. *Slap both thighs with your hands at the same time.*
 2. *Clap your hands.*
 3. *Raise your right thumb over your right shoulder.*
 4. *Raise your left thumb over your left shoulder.*
- Start by giving the example. Mention your own name in step 3 and the name of a learner in step 4.
- The learner whose name was mentioned, now says his/her own name in step 3 and calls another one, and so on.
- Anyone who waits too long is out.
- Indicate the approaching end of the exercise by shouting *Three more times*.

Variant

- Consolidate the vocabulary of a treated topic by giving each learner an image card.
- Check if everybody remembers the name of the food.
- Example with the theme 'Food'.
Instead of using the first names, the learners name the image on their card and the one on the card of a learner.
 1. *Slap both thighs with your hands at the same time.*
 2. *Clap your hands.*
 3. *Raise your right thumb over your right shoulder and say 'carrot'.*
 4. *Raise your left thumb over your left shoulder and say 'apple'.*

Tips for the instructor

Keep the pace slow. Otherwise the exercise will be too difficult.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Memory

Social-emotional skills and competences

- Cultural awareness, expression and identity formation
- Empowerment
- Fun