

This is my knee

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : no materials

Type of exercise : oral

Duration exercise : 15 min.

Objectives

The learner can consolidate the vocabulary about the body parts.

Instructions

- Form a circle.
- Grab your ear and say *This is my knee*.
- The learner to your left grabs his/her knee and says, e.g. *This is my nose*.
- The next learner takes his/her nose and says, e.g. *This is my shoulder*, and so on.

Variant

Pick up the pace for more fun.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Vocabulary
- Memory

Social-emotional skills and competences

- Communication skills
- Empowerment
- Fun
- Imagination, creativity and learning to learn